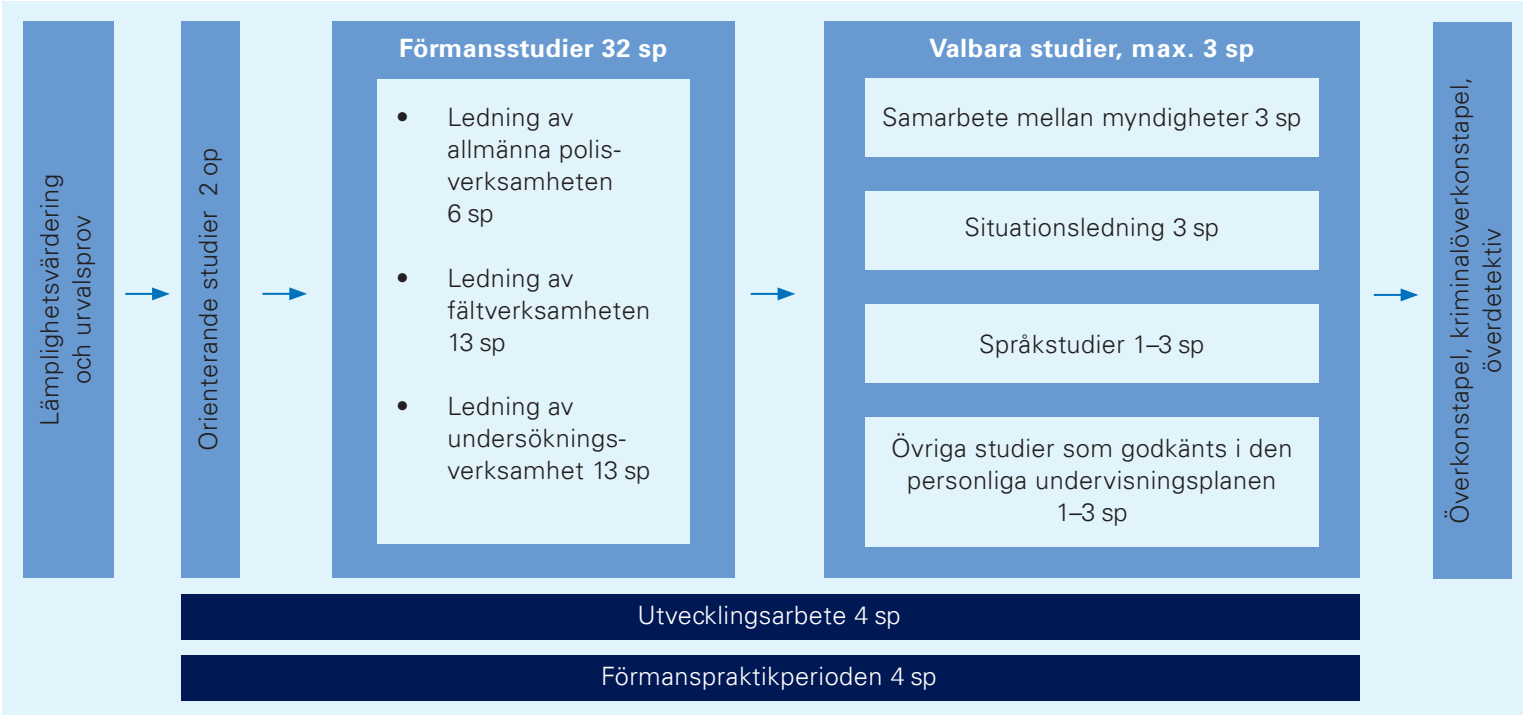Polisunderbefälsexamen (45 sp)